**Resources for Youth Aging-out of Foster Care**

**General:**

* [**﻿Compassion Planet**](http://compassionplanet.org/) offers help, hope and practical tools to aged-out foster youth
* [**Pride Industries**](http://www.prideindustries.com/people/people-services/youth-services/) - employment assistance - 916-788-2149
* [**Unity Care - Independent Living Program**](http://www.unitycare.org/whatwedo/services/community-based/ilp/) (ILP) -  530-886-5473
* [**iFoster**](https://ifoster.org/) resources: including phones, computers, jobs
* [**Medi-cal Health Coverage**](http://www.childrennow.org/uploads/documents/Coveredtil26_Factsheet.pdf) - former foster youth are eligible until age 26 - 877-846-1602
* [**California Ombudsman for Foster Care**](http://www.fosteryouthhelp.ca.gov/Indep.html) This site provides a multitude of answers and information about foster care and aging out in California
* [**Li﻿feset Network﻿**](https://www.lifesetnetwork.org/)  connects youth with a community of resources, opportunities, encouragement and support
* [**Mikey's Luggage**](https://www.facebook.com/mikeysluggage/info?tab=page_info) - ﻿new duffel bags available for foster youth ﻿
* [**﻿A Home Within**](http://www.ahomewithin.org/)provides freetherapy
* [**﻿Aging Out Institute﻿**](http://agingoutinstitute.com/) has an extensive collection of resources
* ﻿﻿﻿**﻿**[**﻿Bridge Network﻿**](http://bridge-network.org/index.php)**﻿﻿﻿﻿**- mentoring, life skills and connections for at-risk youth
* [**﻿AB12 Question of the Week blog﻿**](https://ab12questionoftheweek.wordpress.com/) This site answers questions about AB12 funds
* [**Glass Slipper**](http://www.theglassslipper.org/) provides mentoring and self development programs for at-risk girls

* **[Blossom Place](http://www.blossomplace.org/)** provides housing, resources and support to girls aging out of foster care

**Emergency:**

* [**﻿﻿﻿Altern﻿ati﻿ves Pregnancy Center﻿**](http://www.pgtest.com/)**﻿﻿**- 916-880-4040
* [**California Youth Crisis Line**](http://www.youthcrisisline.org/) offers support, encouragement, and referrals to youth needing assistance or in crisis situations. 1-800-843-5200
* **﻿﻿**[**Chicks in Crisis**](http://www.chicksincrisis.org/)**﻿﻿** reaches out to teens, women, youth, and emancipated foster youth who are pregnant, parenting, or at-risk, helping them to become responsible parents and leaders in our community.
* **National Trafficking Hotline -** 888-373-7888
* [**The Teen Project, Shelter Finder**](http://www.theteenproject.com/ShelterLocator/Shelter-Finder.aspx) - text SHELTER + your ZIP code (SHELTER 90210) to the phone # 99000 and receive a response with a local shelter
* [**Stand Up Placer**](http://www.standupplacer.org/) is dedicated to empowering survivors of domestic and/or sexual violence to escape from abuse, and to create new lives. 1-800-575-5352
* **Interfaith Food Closet Auburn** - emergency food - 530-885‐1921

**Education:**

* [**California Chafee Grant Program**](http://www.csac.ca.gov/training/chafeegrantprogram.pdf)**o**ffers grants to help pay for college or career and technical training
* [**California College Pathways**](http://www.cacollegepathways.org/foster-youth-scholars) Campus support programs specifically designed for foster youth, includes personal and academic counseling, financial assistance, housing, mentoring
* [**Guardian Scholars Program of Sierra College**](http://www.sierracollege.edu/student-services/specialized-programs/guardian-scholars/index.php) assists former foster youth with living and college expenses - making college a reality. 916-660-7465
* [**The California State University Foster Youth Programs**provides a full range of services to support foster youth](http://www.calstate.edu/fosteryouth/)