

# 2018 Training **UP** Conference

Care Provider	Education Required	Licence Required	Services Provided
Behavioral Aides	Associates Degree and up	No, but some are licensed	Work specifically to address and change behavioral issues, often with those on the Autism Spectrum
Biblical Counselors	Varies	No, but some are licensed	Provide counseling using biblical perspectives
Direct-Care Social Worker	Bachelors Degree	No	Provide Resources and Support
Occupational Therapists	Masters Degree	Yes	Promote and increase independence for everyday tasks. Can include Sensory Processing, Emotional Regulation, Physical Functioning
Mental Health Therapists (LCSW, LMFT, LPCC- see below)	Masters Degree	Yes	Provide information and treatment for mental health and relational issues
Clinical Psychologists	PhD or PsyD	Yes	Provide assessments, testing, and often specific care for mental health issues
Psychiatrists	Medical Doctor	Yes	Medical Doctor focused on the diagnosis, treatment, and prevention of mental, emotional, and behavioral disorders. Can prescribe medicine
Nutritionist	Varies	Can be Certified	Advises on food and nutrition and their impact on health
Dietician	Bachelors	Yes	Organize food and nutrition plans to promote healthy eating habits to prevent and treat illness. Can diagnosis eating disorders
Specialized Providers (neurofeedback, biofeedback, etc.)	Varies	Generally certified for the system they are providing, might be for others as well	Use specific techniques to provide care for mental, physical, and behavioral health issues

LCSW- Licensed Clinical Social Worker

LMFT- Licensed Marriage and Family Therapist

LPCC- Licensed Professional Clinical Counselor

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When accessing specific public services, you may need to request them through your pediatrician, school or county. Some of the providers on the reverse side accept MediCal, and you may be able to go to them directly using this.

Some publicly funded programs include:

**Wraparound care**, which is bringing together a community of people to address your needs; some of them may be various professionals

**Therapeutic Behavioral Services**, a public supplemental mental health service

**Alta Regional Centers**, which can connect to you help with Developmental Disabilities (such as intellectual delays, cerebral palsy, epilepsy, autism, and difficulties with social functioning)

**School based** educational, Occupational Therapy, Speech, Psychological and behavioral services

**Inpatient services** for kids who need intensive treatment outside of the home